






Meadowood Manor Personal Care Home Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February</h1>						<p>1</p> <p>10:00 Balloon Badminton 10:30 Games Galore 11:00 Mental Aerobics 11:30 Storytelling 1:00 One to One Visits 2:00 BINGO 3:15 Exploring Snoezelen</p>
<p>2</p> <p>9:45 Communion & Worship Service</p> 	<p>3</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 11:00 Mental Aerobics 11:30 Storytelling 1:30 One to One Visits 2:00 Tea & Travel 3:15 Karaoke</p>	<p>4</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 10:30 Exploring Snoezelen 11:00 Mental Aerobics 11:30 Storytelling 1:30 Unit Colouring 2:00 Rhythmic Fun 3:00 Card BINGO 3:15 Unit Basketball 4:00 Unit Pictureka 6:15 Unit Folding</p>	<p>5</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 10:30 Mani's & Massages 11:00 Off to the Races 11:30 Storytelling 2:00 BINGO 2:00 Unit I Want Candy 3:15 Unit Afternoon Love Stories</p>	<p>6</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 11:00 Cupid's Arrow 11:30 Black History Month: Remembering Martin Luther King Jr 1:30 One to One Visits 2:00 Inspiration for the Way 2:00 Unit Travelogue 3:15 Unit Rhythmic Fun</p>	<p>7</p> <p>10:00 Morning Song 10:30 Entertainment: Invisible Guys Trio 1:30 One to One Visits 2:00 Movie & French Vanilla Coffee 2:00 Unit Mani's & Massages 3:15 Unit Volleyball</p>	<p>8</p> <p>8:45 Breakfast Club 10:00 Balloon Badminton 10:30 Games Galore 11:00 Mental Aerobics 11:30 Storytelling 1:00 One to One Visits 2:00 BINGO 3:15 Exploring Snoezelen</p>
<p>9</p> <p>9:45 Worship Service</p> 	<p>10</p> <p>10:00 Morning Song 10:30 Exercise w/ Weights 10:30 In Touch 11:00 Romances to Remember 11:30 Current Events 1:30 One to One Visits 2:00 Paint Party 3:15 Explore Snoezelen 6:45 Sing-a-Long w/ Jim & Kate Sanderson</p>	<p>11</p> <p>10:00 Morning Song 10:30 Exercise 10:30 Exploring Snoezelen 11:00 Molkky 1:30 Unit Colouring 2:00 Resident Council 3:15 Unit Pictureka</p>	<p>12</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 10:30 Mani's & Massages 11:00 Off to the Races 11:30 Storytelling 2:00 BINGO 2:00 Unit I Want Candy 3:15 Unit Afternoon Love Stories</p>	<p>13</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 11:00 Cupid's Arrow 11:30 Black History Month: Remembering Harriet Tubman 1:30 One to One Visits 2:00 Inspiration for the Way 2:00 Unit Travelogue 3:15 Unit Rhythmic Fun</p>	<p>14</p> <p>10:00 Morning Song 10:30 Valentine's Day w/ Entertainment: Prairie Songbirds 12:00 Sweethearts Lunch *invitation only 1:30 One to One Visits 2:00 Movie & French Vanilla Coffee 2:00 Unit Mani's & Massages 3:15 Unit Volleyball</p>	<p>15</p> <p>8:45 Breakfast Club 10:00 Balloon Badminton 10:30 Games Galore 11:30 1:00 One to One Visits 2:00 BINGO 3:15 Exploring Snoezelen</p>
<p>16</p> <p>9:45 Worship Service</p> 	<p>17</p> <p>No Scheduled Programs</p>  <p>Louis Riel Day</p>	<p>18</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 10:30 Exploring Snoezelen 11:00 Mental Aerobics 11:30 Storytelling 1:30 Unit Colouring 2:00 Rhythmic Fun 3:00 Card BINGO 3:15 Unit Basketball 4:00 Unit Pictureka 5:00 Gentlemen's Supper Club 6:30 Unit Folding</p>	<p>19</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 10:30 Mani's & Massages 11:00 Off to the Races 11:30 Storytelling 2:00 BINGO 2:00 Unit I Want Candy 3:15 Unit Afternoon Love Stories</p>	<p>20</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 11:00 Cupid's Arrow 11:30 Black History Month: Remembering Rosa Parks 1:30 One to One Visits 2:00 Inspiration for the Way 2:00 Unit Travelogue 3:15 Unit Rhythmic Fun</p>	<p>21</p> <p>10:00 Morning Song 10:30 Entertainment: "Cal's Guitar Sing-a-Long" 12:00 Order In Lunch 1:30 One to One Visits 2:00 Movie & French Vanilla Coffee 2:00 Catholic Mass 3:15 Unit Volleyball</p>	<p>22</p> <p>10:00 Balloon Badminton 10:30 Games Galore 11:00 Mental Aerobics 11:30 Storytelling 1:00 One to One Visits 2:00 BINGO 3:15 Exploring Snoezelen</p>
<p>23</p> <p>9:45 Worship Service</p> 	<p>24</p> <p>10:00 Morning Song 10:30 Exercise w/ Weights 10:30 In Touch 11:00 Romances to Remember 11:30 Current Events 1:30 One to One Visits 2:00 Paint Party 3:15 Explore Snoezelen 6:45 Sing-a-Long w/ Winnipeg Male Chorus</p>	<p>25</p> <p>10:00 Morning Song 10:30 Birthday Party 11:30 Storytelling 1:30 Unit Colouring 2:00 Rhythmic Fun 3:00 Card BINGO 3:15 Unit Basketball 4:00 Unit Trivia 6:15 Unit Rhythmic Fun</p>	<p>26</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 10:30 Mani's & Massages 11:00 Off to the Races 11:30 Storytelling 2:00 BINGO 2:00 Unit I Want Candy 3:15 Unit Afternoon Love Stories</p>	<p>27</p> <p>10:00 Morning Song 10:30 Get Fit/ Massage 11:00 Cupid's Arrow 11:30 Black History Month: Remembering Nelson Mandela 1:30 One to One Visits 2:00 Inspiration for the Way 2:00 Unit Travelogue 3:15 Unit Rhythmic Fun</p>	<p>28</p> <p>10:00 Morning Song 10:30 Entertainment: "Southglen Fiddlers" 1:30 One to One Visits 2:00 HeHo! Festival Du Voyageur 3:15 Unit Volleyball</p>	<p>29</p> <p>10:00 Balloon Badminton 10:30 Games Galore 11:00 Mental Aerobics 11:30 Storytelling 1:00 One to One Visits 2:00 BINGO 3:15 Exploring Snoezelen</p>