

**Monday**

Breakfast

Orange Juice  
Oatmeal  
Hard Poached Eggs  
Whole Wheat Toast

Lunch

Vegetable  
Noodle Soup  
Chicken Burger  
Lettuce, Tomato  
Mayo  
Pickles

Oranges

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

Dinner

Honey Glazed  
Pork Loaf  
Whipped Potatoes  
Italian Vegetables

Banana  
Pudding

HS Snack

Assorted Snacks

**Tuesday**

Breakfast

Orange Juice  
Cream of Wheat  
Cheddar Cheese  
Cinnamon Bun

Lunch

Chicken  
Vegetable Soup  
Vegetarian Lasagna  
Garlic Toast

Assorted Desserts

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

Dinner

Turkey Schnitzel  
Dill Hollandaise Sauce  
Scalloped Potatoes  
Broccoli

Rhubarb  
Lemon Square

HS Snack

Assorted Snacks

**Wednesday**

Breakfast

Orange Juice  
Oatmeal  
Scram. Eggs & Bacon  
Whole Wheat Toast

Lunch

Cream of  
Mushroom Soup  
Tuna Salad Sandwich  
Beet & Mandarin  
Salad

Vanilla Ice Cream  
Strawberry Topping

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

Dinner

Cabbage  
Rolls  
Carrots  
& Peas

Peach Upside  
Down Cake

HS Snack

Assorted Snacks

**Thursday**

Breakfast

Orange Juice  
Cream of Wheat  
Boiled Eggs  
Raisin Toast

Lunch

Minestrone  
Soup  
Beef Pot Pie  
Gravy  
California Mixed  
Vegetable

Assorted Desserts

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

Dinner

Chicken Balls  
Sweet & Sour Sauce  
Rice Pilaf  
Oriental Vegetable

Grape Jello  
Whipped Topping

HS Snack

Assorted Snacks

**Friday**

Breakfast

Orange Juice  
Oatmeal  
Cheese Omelet  
Whole Wheat Toast

Lunch

Lentil  
Soup  
Turkey Sub  
Sandwich  
Potato Chips

Strawberries

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

Dinner

Lemon Pepper Cod  
  
Potato Casserole  
Creamed Corn

Cherry  
Tart

HS Snack

Assorted Snacks

**Saturday**

Breakfast

Orange Juice  
Cream of Wheat  
Sausages  
Pancakes, Syrup

Lunch

Butternut Squash  
Soup  
Chicken Strips  
French Fries  
Cucumber Salad

Assorted Desserts

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

Dinner

Beef Stroganoff  
  
Buttered Noodles  
Green Beans

White Cake  
with Icing

HS Snack

Assorted Snacks

**Sunday**

Breakfast

Orange Juice  
Oatmeal  
Boiled Eggs  
Raisin Toast

Lunch

Cream of  
Tomato Soup  
Grilled Cheese  
Sandwich  
Coleslaw

Butterscotch  
Ripple Ice Cream

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

Dinner

Roast Pork  
Gravy  
Baby Potatoes  
Cauliflower

Apple  
Pie

HS Snack

Assorted Snacks

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Sunday**

Breakfast

Orange Juice  
Oatmeal  
Hard Poached Eggs  
Whole Wheat Toast

Breakfast

Orange Juice  
Cream of Wheat  
Cheddar Cheese  
Cinnamon Bun

Breakfast

Orange Juice  
Oatmeal  
Scram. Eggs & Bacon  
Whole Wheat Toast

Breakfast

Orange Juice  
Cream of Wheat  
Boiled Eggs  
Raisin Toast

Breakfast

Orange Juice  
Oatmeal  
Cheese Omelet  
Whole Wheat Toast

Breakfast

Orange Juice  
Cream of Wheat  
Sausages  
Pancakes, Syrup

Breakfast

Orange Juice  
Oatmeal  
Boiled Eggs  
Raisin Toast

Lunch

Vegetable  
Noodle Soup  
Fish Burger  
Cheese, Tartar Sauce

Lunch

Chicken Vegetable  
Soup  
Potato & Cheddar  
Perogies, Sour Cream  
Garlic Sausage  
Fried Onions  
Assorted Desserts

Lunch

Cream of  
Spinach Soup  
Beef Chili  
Garlic Toast

Lunch

Minestrone Soup  
  
Turkey & Pesto  
Sandwich  
Tomato Salad

Lunch

Lentil Soup  
  
Hot Dog  
Fried Onions

Lunch

Butternut Squash  
Soup  
Macaroni & Cheese  
  
Stewed Tomatoes

Lunch

Cream of  
Tomato Soup  
Ham & Cheese  
Croissant  
Coleslaw

Pickles  
Oranges

Vanilla Ice Cream  
Caramel

Assorted Desserts

Potato Chips  
Strawberries

Assorted Desserts

Butterscotch  
Ripple Ice Cream

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

Dinner

Meat Loaf  
Mushroom Gravy  
Roasted Potatoes  
  
Brussels Sprouts

Dinner

Chicken Cordon Bleu  
Scalloped Potatoes  
Potatoes  
Sunrise Mix  
Vegetables

Dinner

Honey Mustard  
Glazed Ham  
Baby Potatoes  
Green & Yellow  
Zucchini

Dinner

Meat Balls in  
Tomato Sauce  
Rotini Pasta  
Italian Blend  
Vegetable

Dinner

Mediterranean Haddock  
White Sauce  
Whipped Potatoes  
  
Broccoli

Dinner

Ginger Beef  
Rice Pilaf  
Oriental  
Vegetables

Dinner

Herb Roasted  
Chicken, Gravy  
Potato Casserole  
Yellow & Orange  
Carrots

Pumpkin Pudding  
Whipped Topping

Peach  
Cream Square

Banana Chocolate  
Upside Down Cake

Cherry Jello  
Whipped Topping

Lemon Tart  
Whipped Topping

Iced Cake

Strawberry Rhubarb  
Pie

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Sunday**

Breakfast

Oatmeal  
Hard Poached Eggs  
Whole Wheat Toast

Breakfast

Cream of Wheat  
Cheddar Cheese  
Cinnamon Bun

Breakfast

Oatmeal  
Scram. Eggs & Bacon  
Whole Wheat Toast

Breakfast

Cream of Wheat  
Boiled Eggs  
Raisin Toast

Breakfast

Oatmeal  
Cheese Omelet  
Whole Wheat Toast

Breakfast

Cream of Wheat  
Sausages  
Pancakes, Syrup

Breakfast

Oatmeal  
Boiled Eggs  
Raisin Toast

Lunch

Vegetable  
Noodle Soup  
Pizza Bun  
Caesar Salad

Lunch

Chicken Vegetable  
Soup  
Cod Nuggets  
French Fries  
Tartar Sauce  
Cucumber Salad

Lunch

Cream of  
Vegetable Soup  
Hot Turkey Sandwich  
Gravy  
Diced Beets

Lunch

Navy Bean Soup  
  
Cheese Ravioli  
Tomato Sauce  
Italian Blend  
Vegetables

Lunch

Chicken Noodle  
Soup  
Ham Sub Sandwich  
Potato Chips

Lunch

Lentil  
Soup  
Chicken Salad  
Sandwich  
Tossed Salad

Lunch

Cream of  
Tomato Soup  
Spinach &  
Mushroom Quiche  
Fruit Salad

Fruit Cocktail

Assorted Desserts

Vanilla Ice Cream  
Strawberry Sauce

Assorted Desserts

Strawberries

Assorted Desserts

Chocolate  
Ice Cream

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

Dinner

Meat Pie  
Gravy  
California Mixed  
Vegetable

Dinner

Pork Cutlet  
Diced Apple Glaze  
Scalloped Potatoes  
Green Beans

Dinner

Beef & Vegetable  
Stew  
Cheese Biscuit

Dinner

Baked Chicken  
Breast, Gravy  
Potato Casserole  
Creamed Corn

Dinner

Breaded Sole  
Tartar Sauce  
French Fries  
Coleslaw

Dinner

Sweet & Sour Pork  
Rice Pilaf  
Oriental Vegetables

Dinner

Roast Beef  
Gravy  
Whipped Potatoes  
Broccoli

Caramel Pudding  
Whipped Topping

Banana Split  
Cake

Pineapple  
Upside Down Cake

Peach Jello  
Whipped Topping

Blueberry Tart  
Whipped Topping

Lemon  
Cream Cake

Pumpkin Pie  
Whipped Topping

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Sunday**

Breakfast

Orange Juice  
Oatmeal  
Hard Poached Eggs  
Whole Wheat Toast

Breakfast

Orange Juice  
Cream of Wheat  
Cheddar Cheese  
Cinnamon Bun

Breakfast

Orange Juice  
Oatmeal  
Scram. Eggs & Bacon  
Whole Wheat Toast

Breakfast

Orange Juice  
Cream of Wheat  
Boiled Eggs  
Raisin Toast

Breakfast

Orange Juice  
Oatmeal  
Cheese Omelet  
Whole Wheat Toast

Breakfast

Orange Juice  
Cream of Wheat  
Sausages  
Pancakes, Syrup

Breakfast

Orange Juice  
Oatmeal  
Boiled Eggs  
Raisin Toast

Lunch

Cream of  
Vegetable Soup  
Ham & Cheese  
Bun  
Tomato Salad  
  
Apricots

Lunch

Chicken Noodle  
Soup  
Battered Haddock  
French Fries  
Coleslaw  
Tarter Sauce  
Assorted Desserts

Lunch

Vegetable  
Rice Soup  
Turkey Pot Pie  
Gravy  
Yellow & Orange  
Carrots  
Strawberry  
Banana Ice Cream

Lunch

Split Pea  
Soup  
Reuben Sandwich  
Cucumber Salad  
  
Assorted Desserts

Lunch

Minestrone  
  
Roast Beef Sub  
Havarti Cheese  
Tomatoes  
  
Strawberries

Lunch

Chicken Rice  
Soup  
Macaroni & Cheese  
Stewed Tomatoes  
  
Assorted Desserts

Lunch

Vegetable  
Soup  
Perogies  
Fried Onions  
Garlic Sausage  
Sour Cream  
Vanilla  
Ice Cream

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

Alternative

Assorted Sandwiches

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

PM Snack

Assorted Snacks

Dinner

BBQ Chicken  
Corn Bread  
Green Bean  
Casserole

Dinner

Baked Ham  
Honey Mustard Sauce  
Roasted Potatoes  
Peas & Onions

Dinner

Beef Lasagna  
Italian Mixed  
Vegetables

Dinner

Chicken &  
Vegetable Stew  
Buttermilk Biscuit

Dinner

Potato & Chive  
Crusted Cod  
Scalloped Potatoes  
Creamed Corn

Dinner

Shepherds Pie  
Gravy  
California Mixed  
Vegetables

Dinner

Chicken Kiev  
Potato Casserole  
Glazed Turnips  
& Carrots

Chocolate Pudding  
Whipped Topping

Triple berry  
Crumble Bar

Iced Cake

Butterscotch Tart  
Whipped Topping

Broken Glass  
Dessert

Toffee Sticky  
Pudding Cake

Blueberry Pie

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

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HS Snack

Assorted Snacks

HS Snack

Assorted Snacks

HS Snack

Assorted Snacks