

Week 1 Menu							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Protein	Scrambled Eggs	Boiled Egg	Sliced Cheddar Cheese	Bacon	Poached Eggs	Scrambled Eggs	Cottage Cheese
Pureed Protein	Pureed Scrambled Egg	Pureed Scrambled Eggs	Yogurt	Pureed Bacon	Pureed Scrambled Eggs	Pureed Scrambled Eggs	Pureed Cottage Cheese Portion
	Raisin Toast	Whole Wheat Toast	Cinnamon Bun	Pancakes	Whole Wheat Toast	Whole Wheat Toast	Bran Muffin
Fruit	Fruit Cocktail		Mandarin Oranges	Strawberries	Diced Pears	Diced Peaches	
Lunch							
	Cream of Cauliflower	Chicken Vegetable	Navy Bean	Borscht	Cream of Tomato	Split Pea	Cream of Potato
Soup							
Extra Sauce or Condiment	Mayonaise			Sour Cream			Dinner Roll
Entrée	Chicken Burger	Tuna Salad Sandwich	Macaroni & Cheese	Garlic Sausage	Grilled Cheese Sandwich	Vegetable Chili	Cold Baked Ham
Starch				Pergies with Fried Onions		Cornbread Muffin	Potato Salad
Vegetable	Lettuce/Tomato	Bean Salad	Stewed Tomatoes	Diced Carrots	Cucumber Salad		Pickled Beets
Alternate	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
Dessert	1/2 Banana	Assorted Desserts	Watermelon	Ice Cream Bar	Fruited Jello	Strawberry Mousse	Vanilla Yogurt with Blueberries
Dinner							
Entrée	Sweet & Sour Pork	Turkey Schnitzel	Beef Meatloaf	Chicken Teriyaki	Lemon Pepper Cod Fillet	Chicken Tetrazini	Roast Beef
Sauce/Extra		Hollandaise Sauce	Gravy	(Baked Chicken Breast)		(Frozen Diced Chicken)	Gravy
Starch	Steamed Rice	Roasted Potatoes	Mashed Potatoes	Rice Pilaf	Scalloped Potatoes		Mashed Potatoes
Vegetable	Oriental Mixed Vegetable	Mixed Vegetable	Turnips	Winter Mix	Italian Blend	Cut Green Beans	Brussels Sprouts
Alternate	Veal Cutlet	Meatballs	Pork Cutlet		Baked Chicken	Tortiere	Turkey Schnitzel
Dessert	Butterscotch Pudding	Pineapple Tidbits	Triple Berry Crumble	Tropical Fruit Salad	Cherry Tarts	Stewed Rhubarb	Mandarin Oranges

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Week 2 Menu							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Protein	Scrambled Eggs	Cheddar Cheese	Poached Eggs	Cottage Cheese	Yogurt Parfait	Sausages	Scrambled Eggs
Pureed Protein	Pureed Scrambled Eggs	Yogurt Portion	Pureed Scrambled Eggs	Pureed Cottage Cheese Portion	Vanilla Yogurt/Pureed Fruit	Pureed Sausage	Pureed Scrambled Eggs
Fruit	Raisin Toast	Whole Wheat Toast	Raisin Toast	Whole Wheat Toast	Bran Muffin	Pancakes	Whole Wheat Toast
	Tropical Fruit Salad	Mandarin Oranges		Canned Apple Slices	(Fruit in Parfait)	Strawberries	Diced Peaches
Lunch							
Soup	Beef Barley	Vegetable	Cream of Tomato	Lentil	Cream of Mushroom	Summer Squash	Mediterranean Vegetable
Sauce/Condiment	Assorted Salad Dressing		Tartar Sauce	Caesar Dressing			
Entrée	Ham Sandwich on Rye	Italian Pasta Salad	Fish Burger	Chicken Fingers	Grilled Rueban Sandwich	Chicken Salad Sandwich	Spinach & Cheese Caneloni
Starch		Dinner Roll		French Fries			
Vegetable	Tossed Salad	Sliced Cucumbers	Coleslaw	Kalebanzo Blend	Bean Salad	Greek Salad	Cauliflower
Alternate	Assorted Sandwiches	Assorted Sandwiches	Chicken Burger	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
Dessert	Raspberry Mousse Cake	Ice Cream Bar	Diced Peaches	Watermelon	Assorted Desserts	Vanilla Pudding	1/2 Banana
Dinner							
Entrée	Beef Chili	Chicken Balls	Salisbury Steak	Pork Schnitzel	Pub House Battered Pollock	Shepherds Pie	Roast Turkey
Sauce/Extra		Sweet & Sour Sauce	Fried Onions/Gravy	Gravy	Tartar Sauce	Gravy	Gravy
Starch	Garlic Toast	Rice Pilaf	Shredded Hashbrown	Garlic Mashed Potatoes	Tater Tots		Mashed Potatoes
Vegetable	Corn	Asian Mixed	Mixed Vegetables	Creamed Corn	Winter Mix	Peas	Carrots
Alternate	Turkey Pot Pie	Meatballs	Chocken Nuggets	Turkey Schnitzel	Veal Cutlet	Pollock	Pork Cutlet
Dessert	Diced Pears	Lemon Tarts	Raspberry Jello	Banana Pudding	Fruit Cocktail	Pineapple Tidbits	Pumpkin Pie

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Week 3 Menu	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Protein	Scrambled Eggs	Sausage Patties	Poached Eggs	Marble Cheese	Scrambled Eggs	Cottage Cheese	Boiled Eggs
	Pureed Scrambled Eggs	Pureed Sausage	Pureed Scrambled Eggs	Yogurt Portion	Pureed Scrambled Eggs	Pureed Cottage Cheese Portion	Pureed Scrambled Eggs
	Raisin Toast	Pancakes	Whole Wheat Toast	Cinnamon Bun	Whole Wheat Toast	Whole Wheat Toast	Bran Muffin
Fruit		Blueberries	Diced Peaches	Pineapple Tidbits	Diced Pears		Tropical Fruit Salad
Lunch							
	Turkey Rice	Cream of Celery	Tomato Vegetable	Navy Bean	Borcht	Split Pea Soup	Cream of Mushroom
Soup							
Entrée	Fish sticks	Garlic Sausage	Ham & Cheese Croissant	Penne Alfredo	Bacon	Egg Salad Sandwich	Cheeseburger
Starch	Tater Tots	Perogies			Potato Pancakes		Onion Rings
Extra							
Sauce/Condiment	Tartar Sauce/Ketchup	Sour Cream			Sour Cream/Applesauce		Ketchup/Mustard/Relish
Vegetable	Green Beans	Peas	Potato Salad	Caesar Salad		Bean Salad	Lettuce and Tomato
Alternate	Chicken Nuggets	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
Dessert	Pineapple Tidbits	Watermelon	1/2 Banana	Chocolate Pudding	Ice Cream Bar	Fruit Cocktail	Strawberries
Dinner							
Entrée	Veal Scallopiini	Turkey Pot Pie	Swedish Meatballs	Honey Glazed Pork Meatloaf	Krunchy Perch	Chicken A La King (Mushrooms & Peas)	Roast Pork
Sauce/Extra	Scallopiini Sauce	Gravy					Gravy
Starch	Buttered Noodles		Garlic Mashed Potatoes	Mashed Potatoes	Scalloped Potatoes	Steamed Rice	Mashed Potatoes
Vegetable	Italian Mixed Veg	Roastable Root	Prince Edward Mix	Turnips	Kalebanzo Mixed Vegetable	Diced Carrots	Broccoli
Alternate	Turkey Schnitzel	Tortiere	Chicken Breast	Fish Sticks	Chicken Patty	Meatballs	Veal Cutlet
Dessert	Mandarin Oranges	Vanilla Pudding	Cherry Tarts	Grape Jello Whip	Orange Citrus Cake	Chocolate Mousse	Banana Cream Pie

APN/30/59

Week 4 Menu		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast								
	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Cream of Wheat	Oatmeal
	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Protein	Scrambled Eggs	Cheddar Cheese	Poached Eggs	Vanilla Yogurt	Vanilla Yogurt	Cottage Cheese	Bacon	Boiled Egg
Pureed Protein	Pureed Scrambled Eggs	Yogurt Portion	Pureed Scrambled Eggs	Vanilla Yogurt	Pureed Cottage Cheese Portion	Pureed Cottage Cheese	Pureed Bacon	Pureed Scrambled Eggs
Fruit	Raisin Toast	Whole Wheat Toast	Whole Wheat Toast	Carrot Muffin	Whole Wheat Toast	Whole Wheat Toast	Pancakes	Whole Wheat Toast
	Pineapple Tidbits	Canned Apple Slices	Mandarin Oranges	Diced Peaches	Tropical Fruit Salad	Tropical Fruit Salad	Blueberries	Fruit Cocktail
Lunch								
Soup	Cream of Celery	Chicken Rice	Split Pea	Tomato Vegetable	Beef Noodle	Beef Noodle	Lentil	Minestrone
Entrée	Spinach & Cheese Ravioli with Marinara Sauce	Tuna Melt	Chicken Nuggets	Beef Tortiere	Ham Sandwich	Ham Sandwich	Weiners and Beans Toast	Broccoli Cheddar Quiche
Starch			French Fries					
Extra			Honey Dill	Gravy				
Sauce/Condiment								
Vegetable	Caesar Salad	Chickpea Salad	Coleslaw	Peas & Carrots	Tomato Salad	Tomato Salad	Baked Beans	Tossed Salad
Alternate	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches	Assorted Sandwiches
Dessert	Fruited Jello	Ice Cream Sandwich	Watermelon	Coconut Pudding	1/2 Banana	1/2 Banana	Tropical Fruit Salad	Iced Cake
Dinner								
Entrée	Cabbage Roll Casserole	Meadowood Chicken	Pork/Beef Meatballs	Penne & Meat Sauce	Blue Cod Fillet	Blue Cod Fillet	BBQ Chicken	Baked Ham
Sauce/Extra			Honey Garlic		Tartar Sauce	Tartar Sauce		
Starch		Mashed Potatoes	Rice Pilaf		Roasted Potatoes	Roasted Potatoes	Potato Salad	Scalloped Potatoes
Vegetable	Green Beans	Diced Carrots	Broccoli	Italian Blend	California Mixed	California Mixed	Sliced Cucumbers	Turnip
Alternate	Turkey Pot Pie	Veal Cutlet	Chicken Balls	Baked Chicken	Turkey Cutlet	Turkey Cutlet	Pork Cutlet	Veal Cutlet
Dessert	Assorted Desserts	Diced Pears	Date Square	Strawberries	Lemon Tarts	Lemon Tarts	Chocolate Pudding	Stewed Rhubarb

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April 30/24